



Troop 640 Ten Essentials (plus)

Compass (liquid filled type)

A compass can be used to locate where you are on the trail and, of course, for emergency situations. Get a basic compass. It should be liquid filled, have a clear rectangular plastic baseplate so you can see through it, and have a rotating compass dial. There should be a “dog house” inside the rotating portion.



Light weight Poncho (back up rain gear)

Flashlight with extra Batteries

An LED flashlight is recommended for this purpose as the bulb will not burn out. Please keep in mind that space is at a premium in your kit. Consider the “button” location and the operation of your light to avoid turning your light on by mistake, inside your pack and running down your battery. This will not be your primary flashlight for regular use on an outing.

Fire Starting Supplies

Dryer lint, magnesium fire starter, light anywhere matches in a waterproof container etc. A six hour candle or two would not hurt either.

Space Blanket

To help keep you warm among other purposes

Trash Bags, extra large, 2

These can be used as rain gear, a barrel survival tent or many other uses.

Aluminum Foil, 2 sheets, 18”x18”

Nylon Cord – Parachute cord recommended 10 to 12 Feet

Pocket Knife, small. This is in addition to a pocket knife that you would carry for regular use.

First Aid Kit, small. Basic first aid needs plus possibly mole skin.

Water purifier, liquid or tablets. Enough for six or so liters of water.

Whistle, Fox 40 very loud, no moving parts inside.

Short or shortened pencil, sharpened and wrapped with 8 feet of duct tape.

Signal Mirror Suggesting one with the view port in the middle, made of glass, not metal.



Sun Protection, sun screen

Water Bottle, One liter please and clear so we can monitor each scout's water intake. Having a back pack style water source is fine but please include this clear bottle. If you get a Nalgene, water could be boiled in it if necessary. Wide mouth recommended.



Trail Food, Trail bars, gorp etc. something that is easy to pack and does not spoil easily. If it get's broken in pieces, it's still edible.

Rain Gear, Consider some type of rain gear intended for multiple uses. This may not fit inside the kit but could be in a day pack etc.

Extra Clothing, Depending on the environment, time of year and temperatures to be encountered. This will vary depending the outing. Again will not fit in your kit.

Bandana, This is an extra but very useful for straining water to be purified, first aid, sun protection, cooling the neck on a sunny day etc, etc.